

Units of learning outcomes

Qualification: Aide- Soignant (Belgique)

EQF Level: 3/4

ECVET-points: to be defined

Training duration: 1533heures and 20 minutes (1840 periods)

Key-activities and professional competences	ECVET – points (optionnel)
<p>Key Activity 1: Listen, communicate and assist people, psychologically and physically</p> <p>Establishing a human relationship of support To listen to (the) assisted person Stimulate mental and physical abilities, to encourage people to move, to activate based on medical indications and / or opportunities for people Identify behavioral problems of the care recipient and / or his entourage, and abuse; submit its observations and monitoring Participate in the support of a dying person</p>	
<p>Key Activity 2: Advise, educate</p> <p>Participate in the information on the problems of everyday life Teach a person to make his toilet, brushing teeth, to have hygiene, etc.. Inform and advise the patient / resident and his family under the care plan Participate in the work of health education</p>	
<p>Key Activity 3: Participate in the quality and continuity of care within the nursing activities that can be performed under delegation by the helping-nurse</p> <p>Perform delegated nursing acts mouth care, ostomy care healed, taking pulse and temperature, using the non-sterile samples, medical transportation, personal care, distribution of oral medications, poses stockings Overseeing the progress of the plan of care: urinary catheter, hydration and oral feeding, positioning of the patient in a functional position Participate in the transmission of information through oral reports and written reporting Participate in prevention: pressure sores, infections and injuries</p>	

<p>Key Activity 4: Help with daily life</p> <p>Acquire professional hygiene</p> <p>Observe and report changes in the patient / resident's physical, mental and social development in the context of Daily-life help</p> <p>Provide personal care, help with comfort</p> <p>Transporting and handling the patient / resident according to the rules of safety, ergonomics, and care plans</p> <p>Ensure food service</p>	
<p>Key Activity 5: Integrate into professional life</p> <ul style="list-style-type: none"> - Respect the patient / resident in his identity, religious, philosophical and cultural choices - Organize work within the established schedule while adapting to unforeseen situations - Apply the deontological and ethical principles and respect the legal framework - Resistance to stress, unexpected and difficult emotional situations and repetitive - Participate in the life of a team - Ensure adequate professional communication 	

Sources légales:

- *Dossier pédagogique inter-réseau section aide-soignant de l'enseignement de promotion sociale secondaire supérieure, code 821000S20D1*
- *Arrêté royal du 12 janvier 2006 fixant les activités infirmières qui peuvent être effectuées par des aides-soignants et les conditions dans lesquelles ces aides-soignants peuvent poser ces actes*

Key Activity 1 Listen, communicate and assist people, psychologically and physically Qualification : Helping-Nurse		ECVET- Points Niveau - CEC
Professional competence Establishing a human relationship of support		
Skills - Use communication tools, verbal or nonverbal (including touch) which allow to assist the patient / resident and his entourage in difficult times (death, pain, ...); - Communicate with the person being helped to know their demands and contribute to maintaining or improving the quality of life.	Knowledge	
Professional competence To listen to (the) assisted person		
Skills - Ask questions to clarify their understanding of the message or to facilitate the expression of the speaker - Practice wisely communication skills such as active listening and assertiveness - Identify the elements involved in an act of communication and barriers and helps to communication - Ensure the needs of the patient / resident requesting participation; - Working knowledge of himself as a person, including self-image and self-confidence	Knowledge - Use and importance of non-verbal language;	
Professional competence Stimulate mental and physical abilities, to encourage people to move, to activate based on medical indications and / or opportunities for people		
Skills - Solicit participation in activities of daily living to help maintain independence, a physical and mental stimulation - Solicit participation in social activities to help maintain independence outside the family	Knowledge - Identify areas of daily activities that assess the autonomy of the person being cared	

Professional competence Identify behavioural problems of the care recipient and / or his entourage, and abuse; submit its observations and monitoring	
Skills - Identify unusual aspects of the health or behaviour of persons assisted; - Transmit clearly and concisely, both orally and in written submissions; - Collect data; - Observe situations; - Refrain from judging the person being helped;	Knowledge - Characterize the behaviour associated with major observable pathologies, present or encountered and the appropriate response;
Professional competence Participate in the support of a dying person	
Skills - Position in relation to the issue of death and mourning	Knowledge - Explain the process of mourning - Introduction to the palliative approach
Non technical competences : - Work under the direct supervision and delegation of nurses - Working as part of a multidisciplinary team - To be able to adapt to emergency situations	

Key Activity 2: Advise, educate Qualification : Helping- nurse	ECVET- Points EQF-Level
Professional competence Participate in the information on the problems of everyday life	
Skills	Knowledge - As part of the overall approach of the person, describe the basic needs of human beings and specify the particularities of each age of life (birth, growth, aging, end of life)
Professional competence Teach a person to make his toilet, brushing teeth, to have hygiene, etc...	
Skills - Describe the principles of basic hygiene - Respect the cultural and social habits of the person assisted and privacy - Observe basic hygiene	Knowledge - basic rules of basic hygiene

Professional competence Inform and advise the patient / resident and his family under the care plan	
Skills - Inform and advise the patient / resident and his family under the care plan and technical services relating to authorized - Identify information to be transmitted to the person and his family under the care plan - Integration in a multidisciplinary team	Knowledge - Know how to develop a care plan
Professional competence Participate in the work of health education	
Skills - Present methods of prevention and health education (prevention of falls, ...), technical aids (mobility aids, ...) related to its field of activity; - Enter its action within the general issues of public health	Knowledge - State the components of a plan of health education;
Non technical competences : - Work under the direct supervision and delegation of nurses - Working as part of a multidisciplinary team - To be able to adapt to emergency situations	

Key-activity 3 : Participate in the quality and continuity of care within the nursing activities that can be performed under delegation by the helping-nurse Qualification : Helping-nurse	ECVET- Points EQF level:
Professional competence: Perform delegated nursing acts (mouth care, ostomy care healed, taking pulse and temperature, using the non-sterile samples, medical transportation, personal care, distribution of oral medications, poses stockings)	
Skills - Respect the basic principles of occupational health - Observe the vital parameters - Define the care plan and related procedures - Make links between theoretical contributions related to anatomophysiology and delegates nursing activities - Perform mouth care - Perform hygiene to a stoma healed not requiring wound care - Assist in taking oral medication for the patient / resident, according to a distribution system developed and designed by a nurse or pharmacist - Perform hygiene care for patients / residents with ADL dysfunction, according to the plan of care	Knowledge -Master theoretical contributions related to anatomophysiology underlying delegated nursing activities - Define and identify actions that can achieve the carer to assist practitioners of the art of nursing - Locate the delegates nursing in the delivery of nursing care to help patients in the acts of daily life, preserving their independence and maintaining their quality of life through basic needs - Understand the theoretical contributions related to pharmacology underpinning these nursing activities - Define procedures and delegation of control implemented by the nursing team within a

<ul style="list-style-type: none"> - Take the pulse and body temperature, and report the results - Assist the patient / resident when taking non-sterile excretions and secretions - Provide information needed to monitor the delegation and control. - Know how to integrate a multidisciplinary team is essential for all skills - Adjust the action based on unforeseen - Demonstrate adaptability 	structured <ul style="list-style-type: none"> - Identify the elements under its responsibility for the preparation, management and maintenance of equipment
Professional competence: Overseeing the progress of the plan of care: urinary catheter, hydration and oral feeding, positioning of the patient in a functional position	
Skills <ul style="list-style-type: none"> - Observe the functioning of urinary catheters monitor oral hydration of the patient / resident; - Assist in supply and hydration orally except as tube feeding and swallowing disorders; - Install and monitor the patient / resident in a functional position with support, in accordance with the plan of care; - Report problems; - Extract from the nursing record the elements necessary for the exercise of his function to ensure continuity of care; 	Knowledge <ul style="list-style-type: none"> - Master for all the theoretical knowledge's for the skills; - Characterize the elements of nursing records;
Professional competence: Participate in the transmission of information through oral and written reports	
Skills <ul style="list-style-type: none"> - Formulate accurate, complete and concise information necessary for the proper record keeping nurses and transcribe documents specific to a care facility 	Knowledge <ul style="list-style-type: none"> - Identify the elements that are the responsibility of the maintenance of the nursing records of patients / residents
Professional competence: Participate in prevention: pressure sores, infections and injuries	
Skills <ul style="list-style-type: none"> - Remove and replace the lower to prevent and / or treat venous disorders, with the exception of compression therapy using elastic bands - Implement measures to prevent injuries, bedsores and infections according to the plan of care 	Knowledge
Personal competences : <ul style="list-style-type: none"> - Work under the direct supervision and delegation of nurses - Working as part of a multidisciplinary team - To be able to adapt to emergency situations 	

Key-activity 4 : Help with Daily Life	ECVET- Points EQF-Level
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Qualification : Helping-Nurse	
Professional competence: Acquire professional hygiene	
Skills - Strict rules of professional hygiene (clothing, hand washing, wearing masks, fingernails, jewelry ...)	Knowledge -
Professional competence: Observe and report changes in the patient / resident's physical, mental and social development in the context of Daily-life help	
Skills - Write an observation report - Develop and use a common grid of observation - Apply to behave in case of emergency - Make a good collection of data and recognize the specific needs of the person being helped to best meet them and make a good observation (as a relay) - Take account of developmental milestones in children and adults, including aging in its communication	Knowledge - Decrypting the requirements of BS using the grid Virginia Enderson - Describe the main personal characteristics and environmental beneficiary using concepts from psychology and ethics
Professional competence: Provide personal care, help with comfort	
Skills - Practice rehabilitation of unoccupied and occupied bed, respecting the principles of hygiene and ergonomics and autonomy of the person being cared - Practicing hygiene techniques respecting the principles of hygiene and ergonomics - Apply appropriate technical assistance to daily life, relating to the areas of hygiene and comfort and promoting individual autonomy - Recognize the need for assistance in the field of hygiene and comfort based on problems identified in daily life and / or according to demand - Formulate proposals for assistance related to professional practice, taking into account capacity, age, habits - Perform the actions that contribute to the comfort and well-being of people helped - Ask acts which enable the maintenance of a positive self-image in dress and aesthetic - Ensure the safety of the beneficiaries and their families - Check the components of a family pharmacy. - Develop a management plan purchases of everyday products, stocks and food supply, and	Knowledge - Identify the principles of maintenance of premises and linen; - List of preventive hygiene and health in collaboration with the supervisor; - Know the different techniques toiletries (including bed, sink, dependents,) - Identify materials and products for their proper use; - Identify tools and equipment for their proper use and maintenance; - To explain the structure of care (hospital, MR, MRS, ...) hygiene principles governing its organization and logistics that result and describe the different "circuits" implemented in healthcare facilities ; - Describe the infectious process (agent, mode of transmission, door, enabling environment) and set out the types of infectious agents (bacteria, viruses, parasites, fungi); - Identify and explain the principles of basic hygiene (hygiene and occupational hygiene, dirty, infected, clean, sterile, aseptic, antiseptic, nosocomial and opportunistic, ...); - Identify measures to prevent individual and

waste - Provide immediate environment adaptations that improve the comfort of the person being cared	collective under its responsibility.
Professional competence: Transporting and handling the patient / resident according to the rules of safety, ergonomics, and care plans	
Skills - Apply handling techniques to prevent injury and pain in the person being cared for himself and - Comply with the plan of care to transport patients / residents	Knowledge
Professional competence: Ensure food service	
Skills - Distribute meals in accordance with the principles of hygiene and ergonomics; - Develop various menus taking into account the nutritional needs and different regimes; - Provide assistance to the partial or complete patient / resident for taking meals (serving - serve, appropriate aid) while promoting autonomy and adapting to any disability of the person; - Respect the nutritional habits of people assisted (usual food)	Knowledge: - Knowing the main concepts in nutrition (including nutritional needs, food groups, cooking methods and preservation, the main dietary ...)
Personal competences: - Work under the direct supervision and delegation of nurses - Working as part of a multidisciplinary team - To be able to adapt to emergency situations	

Key-activity 5 : Integrate into professional life Qualification : Helping-Nurse	ECVET- Points EQF-Level
Professional competence: Respect the patient / resident in his identity, religious, philosophical and cultural choices	
Skills - Respect Professional secrecy - Respect the people helped - Take into account the lifestyle of people related to their culture, age, religion, ... in helping - Observe the care plan of service, the institution	Knowledge - Identify human and professional qualities required - Knowledge of legislation on professional secrecy

Professional competence: Organize work within the established schedule while adapting to unforeseen situations	
Skills - Organize the conduct of its activities in adapting to the specific patient / resident and service; - Comply with the care plan of service, the institution	Knowledge
Professional competence: Apply the deontological and ethical principles and respect the legal framework	
Skills - Identify (and comment) the major elements of social legislation from a given situation - Identify the fundamental ethical question in concrete situations - Recognize, including information, to report those to the team, some of its members, the surroundings of the recipient (and make) - Define the actions that the carer can ask vis-à-vis the patient / resident or his entourage and the conditions under which they can be installed - Avoid value judgments	Knowledge - Identify the constraints required for the exercise of caregiver and family-helper professions - Being able to debate ethical issues (e.g. euthanasia...) - Describe the roles and functions of social support and care stakeholders for people in their professional team and taking into account the sectors of activity - Describe the basic principles of the political organization of our country and situate social institutions - Describe the main areas of social security, the values that underlie and their implications in daily life - Define the key concepts of family law - Explain the place and role of support services and family care - Explain the place and role of support services and care for the elderly - Explain the place and role of support services and care for people with disabilities - Differentiate professional identities and functions of business of health and social help (compared to an institution, the beneficiary, a team of other stakeholders, and the changing needs of the population) - List the basic rules of deontology for the professions of health and social care (secrecy, respect for others, limits of each function, ...) - Illustrate the diversity of objectives and realities of structures and institutions where he will be working - Explain the Royal Decrees governing the profession of helping nurse and registration procedures - Define the concepts of labour laws applicable to the profession of helping nurse (commitment, contract, notice, guardianship).

Professional competence: Resistance to stress, unexpected and difficult emotional situations and repetitive	
Skills - Use the means that enable the caregiver to express his pain and cope with difficult situations he encounters (death, burnout, ...)	Knowledge - Know the different ways to abuse and fight against
Professional competence: Participate in the life of a team	
Skills - Describe a professional organization in its main components - Locate the place and identify the issues of its function in professional situations experienced (both in institution and at home) - Locate professional identity and the limits of its function within a multidisciplinary team - Determine himself as a professional (within a multidisciplinary team) as vis-à-vis the patient / resident than vis-à-vis his entourage - Locate, precisely, his actions in the context of a health care institution and within the organization; - Ability to work in a multidisciplinary team - Respect the hours of work and be aware of tasks - Respect the hierarchy	Knowledge -
Professional competence: Ensure adequate professional communication	
Skills - To have the redactional ability to prepare an objective and verifiable report; - Differentiate in a written or oral message the recounted facts from the sentiments and their interpretation; - Differentiate in a written or oral message which is of the order of which is simply declaratory; - Speaking spontaneously during a team meeting;	Knowledge vocabulary appropriate to the profession
Personal competences : - Work under the direct supervision and delegation of nurses - Working as part of a multidisciplinary team - To be able to adapt to emergency situations	